

## African Holistic Health Llaila O Afrika

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### African Holistic Health: Llaila Afrika: 8601404395055 ...

Holistic Health care does not deny the need for Allopathic Medicine (Drugs and Surgery) In Certain Cases. NATURAL MEDICINE simply offers a safe, non-intrusive, organic approach to healing the person as opposed to medicating symptoms of a disease. Dr. Afrika is the leading authority on African Holistic Health in the world.

### African Holistic Health Remedies and Natural Cures | The ...

African Holistic Health, by Dr. Llaila O. Afrika is the first major book which addresses health issues from a comprehensive African-centered viewpoint. It provides a complete guide to herbal remedies along with homeopathic disease treatments.

### \*\*The Textbook of African Holistic Health - Dr. Llaila Afrika

Afrika strongly encourages a holistic approach to healing the body and this includes stepping away from a westernized diet. All the standards apply: avoid processed foods, prescription medications, white flour, sugar; foc There's some very valuable information in this book; but there's also some very unnecessary, biased, racial supremacy talk that's difficult to overlook.

### African Holistic Health by Llaila O. Afrika

Dedicated to promoting African-centered holistic principles and providing a sacred support system, as a learning institute, where we advocate holistic alternatives; with a special focus on the health care needs of people of color.

### African Holistic Health Chapter of NY - Home

African Holistic Health. "A great amount of research in a highly organized manner. It is of vital importance to the African-American and the world community. This information is essential for professionals and everyone to utilize in lifestyle and to self."

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african holistic health addresses health issues from a comprehensive african -centered viewpoint.it provides a complete guide to herbal remedies along with homeopathic disease treatments.what makes afrikan holistic health truly unique is the research dr. afrika has provided on the physiological and psychological differences between people of african descent verses people of european descent.

### PDF Download African Holistic Health Free - NWC Books

Our History Inspired by the book " Afrikan Holistic Health" by Dr. Llaila Afrika & his 6-Week Holistic Health Practioner Training course, the African Holistic Health Chapter of New York was founded in 2004 by Yvonne "Sista S hai" Hankins, a Holistic Event Planner and Reflexologist.

### History - African Holistic Health Chapter of NY

Dr. Llaila Afrika and Dr. Melanie Stevenson brings you one of the world's most successful methods of holistic healing and living. Their lectures and in-person classes have been used all over the world, and now their knowledge-base, online video classroom and store are available at your fingertips.You are welcome to join our holistic family to change the needs of yourself, and others.

### Home - Dr. Llaila Afrika

Herbalism, divination, and spiritualism often combine in traditional African medicine, perhaps the oldest and most varied therapeutic system in the world.

### Traditional African Medicine and its Role in Healing in a ...

The holistic health movement is a vital part of this transformation From practitioners and doctors to educators and healers, here are nine black women redefining what it means to be healthy ...

### 9 Black women pioneering the holistic health movement ...

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### African Holistic Health by Llaila O Afrika, Paperback ...

African holistic Health: Complete Herb Remedy Guide, Dis-ease Treatments, Nutrition, Diet, Wholistic Perspectives, africa Herb Histroy, Self Diagnosis, Charts, Wholistic Sex Laws, Herpes and AIDS Treatments, Cocaine Detox, and Foods That Kill (Paperback) Published January 1st 1989 by Adesegun, Johnson & Koram Publishers Paperback, 299 pages

### Editions of African Holistic Health by Llaila O. Afrika

HOME - Baytagoodah

### HOME - Baytagoodah

Overall, this book seems like a decent jumping off point into African-American based holistic health for someone who simply much have an Afrocentric twist on everything. I don't find very much "African" about this text and it seems more Afro-American, Caribbean and Arab (I say that fully understanding that most of the "Arab" world is actually ...

### Amazon.com: Customer reviews: African Holistic Health

African Holistic Health Chapter of NY, South Ozone Park, NY. 4.2K likes. The Voice of Holistic Wellness in the African Community & the Diaspora Worldwide

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### African Family Holistic Health Organization - Your Site Title

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### Natural Cures for Diabetes | African Holistic Health

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